



# THE COST OF SEPARATION

Looking over the utter devastation  
of what is left in Jerusalem  
leads Jeremiah to lament  
and weep at all he sees

But there's hope, even in exile  
God's purpose wasn't to  
abandon His people, but to  
bring them back to Himself



# HEARTACHE IN EXILE

# Lamentations 1:1

The Book of Lamentations

opens with a cry of

astonishment and grief

(Jeremiah is stunned by the  
sight that is before him)

Every corner of the city told a story  
of rebellion's high cost

Lamentations 1:2-6

“Weeps bitterly” = literally means,

“Weeping, she weeps”

(speaks of continuous sobbing;  
being heartbroken beyond repair)

“Affliction” = deep humiliation  
(those who were proud now walk  
with hung heads)

All of this grief is at the hand  
of the Lord (God caused this)

Lamentations 1:7-11

Being destroyed and displaced  
had led Judah to sit in ashes,  
replaying all the memories of  
how life once was

From a grief-stricken, broken heart,  
Jeremiah evaluates his  
circumstances and he begs for  
God's mercy

Lamentations 1:12-17

Judah's unfaithfulness toward God  
had brought great pain and distress  
upon Jeremiah

Jeremiah was desperately  
searching for a Comforter  
(the Comforter which Jeremiah  
longed for – through Christ we  
have received Him)

John 14:16-17

“Helper (Comforter)” = one who is  
called alongside to help

Lamentations 1:18-22

Lamentations Chapter 1 ends  
exactly where repentance begins  
(all the tears and grief drove  
Jeremiah to the Gospel)